

# KINESIOLOGY, B.S.

## Course Sequence

**NOTE:** The course sequence table is designed by the major department and is one way that the classes will work out properly in sequence for your major. However, there are alternative or flexible ways to rotate some of the classes within the same year/level and sometimes between year levels. Please contact your major department advisor to discuss flexible alternatives in scheduling the sequence of your classes.

Taking coursework during the summer session may also be an option to accelerate your degree path.

See Core Curriculum Program section (<http://catalog.biola.edu/general-information/undergraduate-core-curriculum-program/>) for a list of approved Core Curriculum courses.

- Health and Human Performance (p. 1)
- Exercise Science (p. 1)

## Kinesiology, B.S. Health and Human Performance (KHHP)

First Year		
Fall	Credits Spring	Credits
BBST 103 or 165	3 BBST 103 or 165	3
CHEM 107 (if needed per Department)	3 BIOS 254	4
ENGL 100 or 112	3 CHEM 105 & CHEM 115 (or CHEM 120 & CHEM 121)	4
Foreign Language (see Core Curriculum)	4 PSYC 200 (fulfills Behavioral Science Core Curriculum requirement)	3
GNST 102	1 Communication (see Core Curriculum)	3
	<b>14</b>	<b>17</b>
Second Year		
Fall	Credits Spring	Credits
BBST 209 or 210	3 BBST 209 or 210	3
KNES 213 (fulfills Kinesiology and Health Science Core Curriculum requirement)	3 BBST 251	3
MATH 210 or 318 (fulfills Mathematics Core Curriculum requirement)	3 BIOS 281	4
PHSC 111, 100, 117, BIOS 111, BIOS 113, BIOS 112, BIOS 114, or BIOS 282	4 HIST 200, 201, or POSC 225	3
Fine Arts (see Core Curriculum)	3 Literature (see Core Curriculum)	3
	<b>16</b>	<b>16</b>
Third Year		
Fall	Credits Spring	Credits
BBST 300/400 Bible Elective	3 BBST 354	3
BBST 365	3 ENGL 313	3
KNES 301	3 KNES 302	3
KNES 337	3 KNES 303	1
KNES 480, 485, or 490	1 KNES 351	3
Philosophy (see Core Curriculum)	3 Major Elective <sup>1</sup>	3
Writing Competency Requirement	Graduation Application due in Registrar's Office	
	<b>16</b>	<b>16</b>

Fourth Year		
Fall	Credits Spring	Credits
BBST 300/400 Bible Elective	3 BBST 465	3
KNES 329	3 KNES 434	3
KNES 401	3 KNES 440	3
KNES 446	3 KNES 449	3
KNES 447	1 Major Elective (upper-division) <sup>1</sup>	3
KNES 480, 485, or 490	1	
Major Elective (upper-division) <sup>1</sup>	3	
	<b>17</b>	<b>15</b>
<b>Total Credits 127</b>		

<sup>1</sup> Choose 9 credits of electives from approved list in catalog. See Department for advisement.

## Kinesiology, B.S. Exercise Science (KHES)

First Year		
Fall	Credits Spring	Credits
BBST 103 or 165	3 BBST 103 or 165	3
CHEM 107 (if needed per Department)	3 BIOS 254	4
ENGL 100 or 112	3 CHEM 105 & CHEM 115	4
GNST 102	1 PSYC 200 (fulfills Behavioral Science Core Curriculum requirement)	3
Fine Arts (see Core Curriculum)	3 Communication (see Core Curriculum)	3
Foreign Language (see Core Curriculum)	4	
	<b>17</b>	<b>17</b>
Second Year		
Fall	Credits Spring	Credits
BBST 209 or 210	3 BBST 209 or 210	3
HIST 200, 201, or POSC 225	3 BBST 251	3
KNES 213 (fulfills Kinesiology and Health Science Core Curriculum requirement)	3 BIOS 281	4
MATH 210 or 318 (fulfills Mathematics Core Curriculum requirement)	3 KNES 307	3
PHSC 111 or 100	3 Major Elective <sup>1</sup>	3
PHSC 117	1	
	<b>16</b>	<b>16</b>
Third Year		
Fall	Credits Spring	Credits
BBST 300/400 Bible Elective	3 BBST 354	3
BBST 365	3 ENGL 313	3
KNES 301	3 KNES 302	3
Literature (see Core Curriculum)	3 KNES 303	1
Philosophy (see Core Curriculum)	3 KNES 480, 485, or 490	1
Writing Competency Requirement	Major Elective <sup>1</sup>	3
	Graduation Application due in Registrar's Office	
	<b>15</b>	<b>14</b>
Fourth Year		
Fall	Credits Spring	Credits
BBST 300/400 Bible Elective	3 BBST 465	3
KNES 329	3 KNES 402	3
KNES 446	3 KNES 422	3
KNES 447	1 KNES 423	1
KNES 480, 485, or 490	1 KNES 440	3

2 Kinesiology, B.S.

Major Elective (upper-division) <sup>1</sup>	3 Major Elective (upper-division) <sup>1</sup>	3
Major Elective (upper-division) <sup>1</sup>	3	
	17	16

**Total Credits 128**

<sup>1</sup> Choose 15 credits of electives from approved list in catalog. See Department for advisement.