

KINESIOLOGY, B.S.

Torrey Hnrs Seq

NOTE: The course sequence table is designed by the major department and is one way that the classes will work out properly in sequence for your major. However, there are alternative or flexible ways to rotate some of the classes within the same year/level and sometimes between year levels. Please contact your major department advisor to discuss flexible alternatives in scheduling the sequence of your classes.

Taking coursework during the summer session may also be an option to accelerate your degree path.

See Core Curriculum Program section (<http://catalog.biola.edu/general-information/undergraduate-core-curriculum-program/>) for a list of approved Core Curriculum courses.

- **Exercise Science (p. 1)**
- **Health and Human Performance (p. 1)**

Kinesiology, B.S. Exercise Science (KHES)

First Year		
Fall	Credits Spring	Credits
HNRS 101	4 HNRS 105	4
HNRS 102	4 HNRS 106	4
CHEM 107 (if needed per Department)	3 BIOS 254	4
GNST 102	1 CHEM 105 & CHEM 115	4
Foreign Language (see Core Curriculum)	4	
16		16

Second Year		
Fall	Credits Spring	Credits
HNRS 210	4 HNRS 230	4
HNRS 215	4 HNRS 231	4
KNES 213 (fulfills Kinesiology and Health Science Core Curriculum requirement)	3 BIOS 281	4
MATH 210 or 318 (fulfills Mathematics Core Curriculum requirement)	3 KNES 307	3
PHSC 111 or 100	3 PSYC 200	3
PHSC 117	1	
18		18

Third Year		
Fall	Credits Spring	Credits
HNRS 324	4 HNRS 337	4
HNRS 326	2 HNRS 339	2
KNES 301	3 ENGL 313	3
Major Elective	3 KNES 302	3
Major Elective	3 KNES 303	1
	KNES 480, 485, or 490	1
	Major Elective (upper-division)	3
15		17

Fourth Year		
Fall	Credits Spring	Credits
HNRS 443	4 HNRS 458	4
KNES 329	3 BBST 465	3
KNES 446	3 KNES 402	3
KNES 447	1 KNES 422	3

KNES 480, 485, or 490	1 KNES 423	1
Major Elective (upper-division)	3 KNES 440	3
Major Elective (upper-division)	3	
18		17

Total Credits 135

Kinesiology, B.S. Health and Human Performance (KHHP)

First Year		
Fall	Credits Spring	Credits
HNRS 101	4 HNRS 105	4
HNRS 102	4 HNRS 106	4
CHEM 107 (if needed per Department)	3 BIOS 254	4
GNST 102	1 CHEM 105 & CHEM 115 (or CHEM 120 & CHEM 121)	4
Foreign Language (see Core Curriculum)	4	
16		16

Second Year		
Fall	Credits Spring	Credits
HNRS 210	4 HNRS 230	4
HNRS 215	4 HNRS 231	4
KNES 213 (fulfills Kinesiology and Health Science Core Curriculum requirement)	3 BIOS 281	4
MATH 210 or 318 (fulfills Mathematics Core Curriculum requirement)	3 PSYC 200	3
PHSC 111, 100, 117, BIOS 111, BIOS 113, BIOS 112, BIOS 114, or BIOS 282	4 Major Elective	3
18		18

Third Year		
Fall	Credits Spring	Credits
HNRS 324	4 HNRS 337	4
HNRS 326	2 HNRS 339	2
KNES 301	3 ENGL 313	3
KNES 337	3 KNES 302	3
KNES 480, 485, or 490	1 KNES 303	1
KNES 351	3 Major Elective (upper-division)	3
16		16

Fourth Year		
Fall	Credits Spring	Credits
HNRS 443	4 HNRS 458	4
KNES 329	3 BBST 465	3
KNES 401	3 KNES 434	3
KNES 446	3 KNES 440	3
KNES 447	1 KNES 449	3
KNES 480, 485, or 490	1	
Major Elective (upper-division)	3	
18		16

Total Credits 134