

PSYCHOLOGY: PSYCHOTHERAPY LABORATORY (RSLB)

RSLB 613 - Introduction to Child and Adolescent Psychotherapy Credits 3

An introduction to the basics of therapy with children and adolescents. The course will emphasize a survey of developmentally appropriate individual and systemic therapeutic approaches. Secondary supervision is provided in the required lab component. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 631 - Psychodynamic Therapy I Credits 2

An in-depth study of the process of therapy based on psychoanalytic developmental theory and giving special attention to the concepts of transference, counter-transference and interpretation. A lab group is included for both 631 and 632. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSPY 515 and participation in individual training therapy.

Corequisite(s): RSLB 633.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 632 - Psychodynamic Therapy II Credit 1

Continuation of RSLB 631. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSLB 631.

Corequisite(s): RSLB 634.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 633 - Psychodynamic Therapy Lab I Credit 1

A lab group is included for both 631 and 632. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSPY 515 and participation in individual training therapy.

Corequisite(s): RSLB 631.

Restriction(s): Must be Graduate Level or Doctoral Level.

RSLB 634 - Psychodynamic Therapy Lab II Credits 2

A lab group is included for both RSLB 631 and 632. **Note(s):** Elective.

Grade Mode: A.

Prerequisite(s): RSLB 631 and RSLB 633.

Corequisite(s): RSLB 632.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 641 - Psychotherapy with Groups Credits 3

The essentials of the group psychotherapy process are examined and related to current modalities in psychotherapy and general group phenomena. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 642 - Advanced Child and Adolescent Psychotherapy Credits 3

A continuation of RSLB 613, this course offers advanced training in therapeutic techniques with children and adolescents. In particular, dynamic and systemic orientations will be emphasized. Special focus will be given to techniques of play therapy. Secondary supervision is provided in the required lab component. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSLB 613.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 643 - Cognitive/Behavioral Therapy with Children Credits 3

This course emphasizes the treatment of children and families from a behavioral perspective including operant, respondent, cognitive and social learning theory models. Graduate students must carry at least three clients during the course of the semester and will be afforded the opportunity to conduct parent workshops in lieu of one client. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSPY 603.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 654 - Clinical Neuropsychology Credits 3

This course is dedicated to promoting neuropsychological-assessment competency, it is designed to introduce students to neuropsychological assessment tools in the following areas: Attention, Executive Functioning, Language, Memory, Visuospatial Skills, and Motor Ability. As well as integrate assessments of Intelligence, Achievement, Emotions and Personality. It is designed to help students develop multicultural competencies in the area of clinical neuropsychological assessment, emphasizing the diversity domains of age, gender, ethnic and racial identity, and developmental disabilities and disabilities acquired later in life. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Graduate Level or Doctoral Level.

RSLB 664 - Attachment-Based Psychotherapy Credits 3

The course applies recent research and theory in contemporary attachment theory, emotional information processing, neuroscience, and relational psychoanalysis to therapy. It also addresses dealing with spiritual issues in psychotherapy within an attachment-based theoretical framework. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Graduate Level or Doctoral Level.

RSLB 671 - Marriage and Family Therapy I Credits 3

A study of the literature and practice of marital and family therapy. The course provides an overview of various approaches to family therapy with a special emphasis on the structural family therapy model. Application of clinical techniques is accomplished through observation, simulations, and at least one marital or family case using a team model of intervention supervised in the school clinic. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSPY 650.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 672 - Marriage and Family Therapy II Credits 3

Continuation of RSLB 671. Major consideration is given to experiential and psychodynamic perspectives on intervention within a structural framework. Application of clinical techniques is continued from the first semester using observation, simulation, and therapy experience with supervision. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSLB 671.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 676 - Psychotherapy With Couples Credits 3

Study of theory and practice of conjoint therapy with couples. A number of theoretical perspectives and related clinical techniques will be studied including cognitive-behavioral, emotionally focused, ego-analytic, and psychodynamic approaches. The intervention techniques can be applied with pre-marital couples, for couple enrichment and as part of psychotherapy with distressed couples. Students will see a couple throughout the semester. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 681 - Special Issues in Psychodynamic Therapy I Credits 2-3

An advanced course in psychodynamic psychotherapy dealing with issues such as impairments of the therapeutic relationship, acting out, levels and timing of interpretations and psychotherapy with individuals suffering from disturbances in early object relationships. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 682 - Special Issues in Psychodynamic Therapy II Credits 2-3

Continuation of RSLB 681. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSLB 681.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 705 - Brief Psychotherapies Credits 3

Models and approaches in brief interventions with special attention to crisis intervention. Theorists include Mann, Sifneos, Malan and Davanloo. **Notes:** Elective. **Grade Mode:** A.

RSLB 707 - Cognitive Behavior Therapy Credits 3

This course will prepare students to conduct individual psychotherapy with adults from a cognitive behavioral orientation. Development of the modality as evidence-based practice will be reviewed. Emphases will be on current cognitive models and strategies in case conceptualization as well as a variety of intervention techniques employed by practitioners in the cognitive behavioral tradition, particularly in the treatment of depression, anxiety, and the personality disorders. **Note(s):** Elective.

Grade Mode: A.

Prerequisite(s): RSPY 603.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 715 - Current Psychotherapies Credits 3

This course focuses each time it is offered on a specific therapy not regularly included in Rosemead's curriculum. Teaching personnel are drawn from the professional community of active practitioners of the specific modality to be considered. **Note(s):** May be retaken for credit. Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

Repeat Limit (after first attempt): 10.

RSLB 717 - Gestalt Psychotherapy Credits 3

The focus of this course will present the theory and application of Gestalt therapy for use with individuals and groups. This therapy, created by Perls and developed by Zinker and Polster, focuses on personal growth and self-actualization. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 718 - Advanced Gestalt Credits 3

This course is open to students who have completed RSLB 717 and focuses on the application of Gestalt therapy and techniques to group psychotherapy. Enrollment is limited. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.