

PSYCHOTHERAPY LABORATORY (RSLB)

Courses

RSLB 613 - Child and Adolescent Therapy Credits 3

This course is designed to help the student learn basic principles of therapy with children and adolescents. In addition, the course will provide an overview of the major categories of psychopathology relevant to children and adolescents, and how to effectively address them. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 631 - Psychodynamic Therapy I Credits 2

An in-depth study of the process of therapy based on psychoanalytic developmental theory and giving special attention to the concepts of transference, counter-transference and interpretation. A lab group is included for both 631 and 632. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSPY 515 and participation in individual training therapy.

Corequisite(s): RSLB 633.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 632 - Psychodynamic Therapy II Credit 1

Continuation of RSLB 631. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSLB 631.

Corequisite(s): RSLB 634.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 633 - Psychodynamic Therapy Lab I Credit 1

A lab group is included for both 631 and 632. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSPY 515 and participation in individual training therapy.

Corequisite(s): RSLB 631.

Restriction(s): Must be Graduate Level or Doctoral Level.

RSLB 634 - Psychodynamic Therapy Lab II Credits 2

A lab group is included for both RSLB 631 and 632. **Note(s):** Elective. **Grade Mode:** A.

Prerequisite(s): RSLB 631 and RSLB 633.

Corequisite(s): RSLB 632.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 641 - Psychotherapy with Groups Credits 3

The essentials of the group psychotherapy process are examined and related to current modalities in psychotherapy and general group phenomena. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 654 - Clinical Neuropsychology Credits 3

This course is dedicated to promoting neuropsychological-assessment competency, it is designed to introduce students to neuropsychological assessment tools in the following areas: Attention, Executive Functioning, Language, Memory, Visuospatial Skills, and Motor Ability. As well as integrate assessments of Intelligence, Achievement, Emotions and Personality. It is designed to help students develop multicultural competencies in the area of clinical neuropsychological assessment, emphasizing the diversity domains of age, gender, ethnic and racial identity, and developmental disabilities and disabilities acquired later in life. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Graduate Level or Doctoral Level.

RSLB 671 - Marriage and Family Therapy Credits 3

This course is designed to help the student learn the basic principles of family therapy and will give the student a foundational understanding and application of theory and related assessment and intervention techniques. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 676 - Psychotherapy With Couples Credits 3

Study of theory and practice of conjoint therapy with couples. A number of theoretical perspectives and related clinical techniques will be studied including cognitive-behavioral, emotionally focused, ego-analytic, and psychodynamic approaches. The intervention techniques can be applied with pre-marital couples, for couple enrichment and as part of psychotherapy with distressed couples. Students will see a couple throughout the semester. **Note(s):** Elective. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 705 - Brief Psychotherapies Credits 3

The course applies recent research and theory in contemporary brief psychodynamic therapies focusing on Time Limited Dynamic Therapy. The modality framework will be TLD, but we will generally draw on attachment theory, affective-experiential processing, neuroscience, and relational psychoanalysis. We will address cultural and spiritual issues as they arise in the clinical work. Students will meet weekly with a T.A. for supervision and write up case reports. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 707 - Cognitive Behavior Therapy Credits 3

This course will prepare the student to conduct individual psychotherapy with adults from a cognitive behavioral perspective. Theoretical underpinnings of the orientation will be considered. Cognitive behavioral therapy will be presented as an evidence-based practice modality. The emphasis of the course will be on case conceptualization and a variety of intervention techniques employed by practitioners in the cognitive behavioral tradition, particularly in the treatment of mood, anxiety, and personality disorders. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

RSLB 715 - Current Psychotherapies

Credits 3

This course focuses each time it is offered on a specific therapy not regularly included in Rosemead's curriculum. Teaching personnel are drawn from the professional community of active practitioners of the specific modality to be considered. Topics may include Dialectical Behavioral Therapy; Emotion Focused Therapy for Couples; Emotion Focused Therapy for Depression, Anxiety, and Trauma; Neuropsychology; and Psychology in the Medical Setting. **Note(s):** Elective; may be retaken for credit. **Grade Mode:** A.

Restriction(s): Must be Rosemead Sch of Psychology; and Graduate Level or Doctoral Level.

Repeat Limit (after first attempt): 10.