

COACHING MINOR

Mission

The mission of the Coaching minor (<https://www.biola.edu/degrees/u/coaching-minor/>) is to facilitate Biblically-based learning about human movement and performance so that students are prepared to be competent and caring Christian professionals who work in the fields of teaching, coaching, exercise science, and allied health care, or who pursue advanced studies in related graduate programs.

Curriculum Requirements

A minor in Coaching is offered to those with an interest in coaching as a life profession and to those with an interest in coaching as ministry or missions. Twenty credits are required, with 18 credits from the core listed below. Remaining credits must be chosen in consultation with a department advisor.

Code	Title	Credits
Program Courses		
KNES 329	Psychology of Exercise and Health	3
KNES 410	Sports Management	3
KNES 408	Motor Learning	3
KNES 434	Leadership in Sport and Human Movement	3
KNES 485	Internship ¹	2
Select two of the following:		4
KNES 343	Techniques of Teaching and Coaching Basketball	
KNES 344	Techniques of Teaching and Coaching Soccer	
KNES 345	Techniques of Teaching and Coaching Tennis	
KNES 346	Techniques of Teaching and Coaching Volleyball	
Select one of the following:		2
KNES 460	Topics in Kinesiology and Public Health	
KNES 470	Seminars in Kinesiology	
KNES 446	Functional Assessment and the Prescription of Exercise	
KNES 480	Directed Study	
Total Credits		20

¹ KNES 485 may be taken after consulting with an advisor and must be taken for a minimum of 2 credits.